

**Name, Ph.D.**  
Post-Doctoral Fellow

Monell Chemical Senses Center  
3500 Market Street  
Philadelphia, PA 19104

Phone  
Email  
Website

**EDUCATION:**

<b>Ph.D.</b>	The Pennsylvania State University Human Development and Family Studies <i>Thesis: "Title."</i> <i>Thesis Advisors: Drs. Name &amp; Name</i>	August 20XX
<b>M.S.</b>	The Pennsylvania State University Human Development and Family Studies <i>Thesis: "Title."</i> <i>Thesis Advisor: Dr. Name</i>	December 20XX
<b>M.S.</b>	The Pennsylvania State University Nutritional Sciences <i>Thesis: "Title."</i> <i>Thesis Advisor: Dr. Leann Birch</i>	August 20XX
<b>B.S.</b>	University of California, Davis Psychology with a Biology Emphasis Minor in Community Nutrition	June 20XX

**RESEARCH INTERESTS:**

- The biopsychosocial factors that influence the development of flavor and food preferences, eating behaviors, and dietary patterns during infancy and early childhood
- The lifestyle and growth patterns during infancy and childhood that are predictive of obesity and metabolic syndrome risk during adolescence and adulthood
- The primary prevention of obesity through modification of parenting styles and child feeding practices

**RESEARCH EXPERIENCE:**

<b>Post-doctoral Fellow</b>	September 20XX–Present
Monell Chemical Senses Center, Philadelphia, PA <i>Advisor: Dr. Name</i>	
<ul style="list-style-type: none"><li>• Designed and conducted a study to explore the influence of infant formula composition on infant hunger, fullness, intake, sleep, and temperature levels; have currently tested 16 out of an anticipated 40 mother-infant dyads</li><li>• Prepared and submitted 3 conference abstracts and 2 peer-reviewed manuscripts</li><li>• Managed and mentored 4 full-time research technicians, 2 part-time research technicians, and 1 high school research intern</li><li>• Developed skills related to experimental research design and data analysis, taste psychophysics, and the study of mother-infant feeding interactions</li></ul>	

**Research Consultant**

May 20XX – December 20XX

The Pennsylvania Nutrition TRACKS Program, University Park, PA

*Advisor:* Dr. Name

- Designed a needs assessment to explore the child-feeding practices used by low-income caregivers to 2 to 5-year old children
- Conducted qualitative interviews with 32 low-income families in Philadelphia
- Prepared and submitted a manuscript related to project findings
- Developed qualitative interview and analytical skills

**Graduate Research Assistant**

August 20XX – August 20XX

The Penn State Center for Childhood Obesity, University Park, PA

*Advisor:* Dr. Name

- Coordinated and assisted with data collection for an NIH funded 10-year longitudinal study of the growth and development of 197 girls and their families
- Oversaw data entry and management for the 100+ datasets for this study
- Prepared and submitted 15 conference abstracts, 6 peer-reviewed manuscripts, and 5 review papers based on analysis of and findings from this study
- Developed quantitative analytical skills related to analysis of longitudinal data and latent variable and growth modeling

**Graduate Assistant**

August 20XX – August 20XX

The Penn State Breastfeeding Clinic, University Park, PA

*Advisors:* Drs. Name and Name

- Developed and taught a breastfeeding course to 30 expectant parents
- Completed 2 courses on human lactation and lactation consultation
- Wrote and was awarded a \$3000 grant from the Pennsylvania Department of Health to develop and evaluate The Breastfeeding Triad Project, a website-based intervention designed to educate fathers of breastfed infants about how to best support their breastfeeding partner

**Research Intern**

September 20XX – May 20XX

UCDavis USDA Western Human Nutrition Research Center, Davis, CA

*Advisor:* Dr. Name

- Assisted with data management for a study of weight loss behaviors in 30 adults
- Assisted with literature reviews on topics related to dieting behaviors, dietary intake and the psychological basis of eating behaviors

**TEACHING EXPERIENCE:**

**Teaching Assistant**

Spring 20XX

*Course:* Introduction to Empirical Inquiry

Department of Human Development & Family Studies, The Pennsylvania State University

- Graded assignments and tests for 160 undergraduate students
- Led a weekly lab session for a subset of 20 students
- Interacted with students during weekly office hours
- Completed a graduate level course in effective teaching strategies entitled "Teaching Human Development and Family Studies"

**Co-Instructor**

Summer 20XX

*Course:* Introduction to Empirical Inquiry

Department of Human Development & Family Studies, The Pennsylvania State University

- Shared teaching responsibilities with another instructor; together we developed all course content for 15 undergraduate students
- Lectured for 50% of the class meetings
- Focused course on topics related to understanding research methods and developing scientific writing skills

**Teaching Assistant**

Spring 20XX

*Course:* Infant and Child Development

Department of Human Development & Family Studies, The Pennsylvania State University

- Graded assignments and tests for 100 undergraduate students
- Interacted with students during weekly office hours

**Co-Instructor**

Summer 20XX

*Course:* Infant and Child Development

Department of Human Development & Family Studies, The Pennsylvania State University

- Shared teaching responsibilities with another instructor; together we developed all course content for 28 undergraduate students
- Earned a Penn State Graduate School Teaching Certificate by taking 2 teaching orientation courses, demonstrating teaching proficiency during an in-class evaluation by a mentor, and creating an online teaching portfolio

**FELLOWSHIPS, AWARDS, AND HONORS:**

Kligman Dissertation Fellowship, Penn State	20XX-20XX
Grace Henderson Scholarship, Penn State	20XX-20XX
Prevention Research Fellowship, Penn State	20XX-20XX
First Place Poster Presentation, Penn State Graduate Research Exhibition	20XX
Emma Brunkheart Senior Leadership Award, UC Davis	20XX
Outstanding Senior Award, UC Davis	20XX

**PROFESSIONAL AFFILIATIONS:**

Association for Chemoreception Sciences	20XX-Present
Society for Prevention Research	20XX-Present
International Society for the Study of Behavioral Nutrition & Physical Activity	20XX-Present
Psi Chi Psychology Honor Society	20XX-20XX
Order of Omega Scholastic Honor Society	20XX-20XX

**PROFESSIONAL SERVICE:**

<b>Nutrition Graduate Student Association</b>	20XX-20XX
Treasurer	20XX-20XX
<b>Human Development and Family Studies Graduate Steering Committee</b>	20XX-20XX
Admissions Co-Chair	20XX-20XX
Departmental Delegate to the Graduate Student Council	20XX-20XX
Newsletter Chair	20XX-20XX
Departmental Delegate to the Graduate Student Association	20XX-20XX

Name, Ph.D.

### Manuscript Reviewer

Annals of Behavioral Medicine

Appetite

BMC Public Health

Chemical Senses

Chemosensory Perception

International Journal for Behaviors

in Nutrition and Physical Activity

Journal of the American Dietetic Association

Journal of Nutrition Education & Behavior

Journal of Pediatrics

Obesity Facts

Public Health Nutrition

Pediatrics

### Volunteer Contributor

The Vegetarian Resource Group: Website and Newsletter

The Association for Child Development: *Potpourri*

The Local Foods Connection: Educational Materials

### PUBLICATIONS: Refereed Journal Articles

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Name, Name Name. Opportunities for the primary prevention of obesity during infancy. *Adv Pediatr. In Press.*

Name, Name Name. Feeding practices and styles used by racially diverse, low-income caregivers to 2-6-year-old children. *J Nutr Educ Behav. In Press.*

Name, Name Name. Developmental trajectories of girls' BMI across childhood and adolescence. *Obesity (Silver Spring)*. 20XX Nov;17(11):2067-74. Epub 20XX May 7.

Name, Name Name. Preventing childhood obesity: what works? *Int J Obes (Lond)*. 20XX Apr;33 Suppl 1:S74-81.

Name, Name Name. Mechanisms underlying the association between breastfeeding and obesity. *Int J Pediatr Obes*. 20XX Feb 24:1-9.

Name, Name Name. Does parenting affect children's eating and weight status? *Int J Behav Nutr Phys Act*. 20XX Mar 17;5:15.

Name, Name Name. Why do high school seniors drink? Implications for a targeted approach to intervention. *Prev Sci*. 20XX Dec;8(4):241-8. Epub 20XX Oct 26.

Name, Name Name. Parent overweight predicts daughters' increase in BMI and disinhibited overeating from 5 to 13 years. *Obesity (Silver Spring)*. 20XX Jun;15(6):1544-53.

Name, Name Name. Risk profiles for metabolic syndrome in a nonclinical sample of adolescent girls. *Pediatrics*. 20XX Dec;118(6):2434-42.

Name, Name Name. Girls' dairy intake, energy intake, and weight status. *J Am Diet Assoc*. 20XX Nov;106(11):1851-5.

Name, Name Name. Understanding reporting bias in the dietary recall data of 11-year-old girls. *Obesity (Silver Spring)*. 20XX Jun;14(6):1073-84.

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**OTHER PUBLICATIONS: Non-Refereed Journal Articles and Book Chapters**

Name, Name Name. Children's eating: The development of food-acceptance patterns. In E. Essa & Burnham, M. (Eds), *Informing our Practice: Useful Research on Young Children's Development*. 20XX.

Name, Name Name. Influences on the Development of Children's Eating Behaviours: From Infancy to Adolescence. *Can J Diet Pract Res*. 20XX;68(1):s1-s56.

Name, Name Name. Breastfeeding Comprehensive, Intensive and Basics: Review of a breastfeeding video series. *Journal of Human Lactation Online Content*. 20XX.

Name, Name Name. Early behavioral, familial and psychosocial predictors of overweight and obesity. 20XX In: Tremblay, R. E., Barr, R. G., Peters R. D.e.V., Eds. Encyclopedia on Early Childhood Development [online]. Montreal, Quebec: Centre of Excellence for Early Childhood Development; pp. 1-10.

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**OTHER PUBLICATIONS: Manuscripts in Progress and Under Review**

Name, Name Name. Maternal characteristics, attitudes and feeding practices predict differences in daughters' weight status trajectories. *Under Review at Dev Psych*.

Name, Name Name. Chronic otitis media is associated with markers of taste perception and higher weight status in children. *Under Review at Physiol Behav*

Name, Name Name. Effects of protein hydrolysate infant formula on infant intake and growth. *In Progress*.

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**ABSTRACTS:**

***Oral Presentations:***

Name, Name Name. Food and Nutrition Service's core nutrition education messages align with needs assessment of parents of preschoolers in Pennsylvania supplemental nutrition assistance program education. The American Public Health Association Annual Meeting, Philadelphia, PA. November 20XX.

Name, Name Name. How do babies know when they are hungry? Monell Chemical Senses Center Sponsor's Meeting, Philadelphia, PA. October 20XX.

Name, Name Name. Modeling heterogeneity in weight status trajectories across childhood and adolescence. Pediatric Research Day. Hershey Medical Center, PA. April 20XX.

Name, Name Name. "The top ten (and more) ways breastfeeding protects against childhood obesity." Towards Clinical Excellence in Lactation Annual Conference, Hershey Medical Center, PA. October 20XX.

Name, Name Name. A person-centered approach to the study of child-feeding practices. The International Society for Behaviors in Nutrition and Physical Activity Annual Meeting. Oslo, Norway, June 20XX.

**Name, Ph.D.**

***Poster Presentations:***

Name, Name Name. Recurrent otitis media is associated with children's taste perception and preferences, and higher weight status. Poster Presentation. The Obesity Society Annual Meeting, Washington, DC. October 20XX.

Name, Name Name. Chronic otitis media is associated with a marker of taste damage and higher weight status in children. Poster Presentation. The Association for Chemoreceptory Sciences Annual Meeting, Sarasota, FL. April 20XX.

Name, Name Name L. Maternal characteristics, attitudes, and feeding practices are associated with heterogeneity in daughters' weight status trajectories. Poster Presentation. The Obesity Society Annual Meeting, Phoenix, AZ. October 20XX.

Name, Name Name. Modeling heterogeneity in weight status trajectories across childhood and adolescence. Poster Presentation. The Society for Research on Adolescence Annual Meeting, Chicago, IL. March 20XX.

Name, Name Name. Risk for metabolic syndrome in a sample of overweight, Hispanic boys and girls. Poster Presentation. The Obesity Society Annual Meeting, New Orleans, LA. October 20XX.

Name, Name Name. Prelude to a risk: The emergence of metabolic syndrome in a non-clinical sample of 13-year-old girls. Poster Presentation. The Obesity Society Annual Meeting, Boston, MA. October 20XX.

**REFERENCES:**

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